



2/23/2015

# NBRC Lap Pool

## Starting March 2nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	3 lanes open 7:00-9:00 Bldr Swim			
6:30am									
7:00am									
7:30am									
8:00am									
8:30am		4 lanes open 8:00-9:00 Drop-in H <sub>2</sub> O Fit		4 lanes open 8:00-9:00 Drop-in H <sub>2</sub> O Fit			2 lanes open 8:00-9:30 BAM		
9:00am	4 lanes open 9:00-10:00 Drop-in H <sub>2</sub> O Fit	Lap Swim 9:00-12:00	4 lanes open 9:00-10:00 Drop-in H <sub>2</sub> O Fit	Lap Swim 9:00-12:00	4 lanes open 9:00-10:00 Drop-in H <sub>2</sub> O Fit	Lap Swim 9:00-10:00	4 lanes open 9:30-10:30 BAM		
9:30am									
10:00am	Lap Swim		Lap Swim		Lap Swim	Lap Swim	6 lanes open 10:00-11:00 Elks	Lap Swim 10:30-1:00	
10:30am	3 lanes open 10:30-11:30 BAM		3 lanes open 10:30-11:30 BAM		3 lanes open 10:30-11:30 BAM	3 lanes open 10:30-11:30 BAM	5 lanes open 11:00-12:30 BHS		
11:00am									
11:30am	Lap Swim 11:30-4:00	3 lanes open 12:00-1:00 BAM	Lap Swim 11:30-4:00	3 lanes open 12:00-1:00 BAM	Lap Swim	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board			
12:00pm									
12:30pm									
1:00pm		Lap Swim 1:00-4:00		Lap Swim 1:00-4:00	Lap Swim 1:00-4:00		Lap Swim 11:30-4:00	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	4 lanes open 1:00-3:00 Open Swim, Drop Slide, & Diving Board
1:30pm									
2:00pm									
2:30pm									
3:00pm									
3:30pm									
4:00pm	4 lanes open 4:00-5:00 BHS	4 lanes open 4:00-5:30 BHS	4 lanes open 4:00-5:00 BHS	4 lanes open 4:00-5:30 BHS	4 lanes open 4:00-5:00 BHS	Lap Swim 4:00-6:30	Lap Swim 3:00-7:30		
4:30pm	3 lanes open 5:00-6:00 BHS & Elks		3 lanes open 5:00-6:00 BHS & Elks		2 lanes open 5:00-6:00 BHS & Elks				
5:00pm		4 lanes open 5:45-6:45 Drop-in Zumba		Lap Swim 5:30-9:00	6 lanes open				
5:30pm	4 lanes open 6:00-7:00 BAM		6 lanes open 6:15-7:00 Lessons		Lap Swim				
6:00pm		Lap Swim 6:45-9:00	Lap Swim 7:00-9:00		Lap Swim 5:30-9:00				
6:30pm									
7:00pm	2 lanes open 7:00-8:00 H <sub>2</sub> O Class & Scuba								
7:30pm									
8:00pm	6 lanes open 8:00-9:00 Scuba 3/2 only								
8:30pm									
9:00pm									

**\*Indicates # of lap lanes available to public for lap swimming**

**\*\*POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\*\***

For more information call 303-413-7260 or go to [www.boulderaquatics.org](http://www.boulderaquatics.org)